

Physical Education

Phys.ed 10 for 3, 4 or 5 cr.



Phys.ed 20 for 3, 4 or 5 cr.



Phys.ed 30 for 3, 4 or 5 cr.

- Phys.ed 10 for 3 credits is required for a high school diploma.
- In addition to logging a variety of physical activities, students complete health assignments.

Career and Life Management

CALM 20 for 3 cr

- CALM is a 3 credit course required for a high school diploma. The topics are self-management, personal well-being, relationships, careers and independent living.